

Please provide details of an adult who can be contacted in an emergency.

Name:

Telephone number:

Do you consider yourself to have a disability or to have a long-term health condition? Yes No

Please send this completed form, along with a cheque/postal order payable to 'inspire2coach' to: inspire2coach, University of Warwick, Tennis Centre, Westwood Campus, Coventry CV4 7AL.

It would assist us in monitoring and planning our services if you could complete the details below.

What is your ethnic group? Choose one section from a) to e) and then tick the one box you think best describes your ethnic or cultural background.

a) White	<input type="checkbox"/> British	<input type="checkbox"/> Irish	<input type="checkbox"/> Other? <input type="text"/>	
b) Mixed	<input type="checkbox"/> White & Black Caribbean	<input type="checkbox"/> White & Black African	<input type="checkbox"/> White & Asian	<input type="checkbox"/> Other? <input type="text"/>
c) Asian or Asian British	<input type="checkbox"/> Indian	<input type="checkbox"/> Pakistani	<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Other? <input type="text"/>
d) Black or Black British	<input type="checkbox"/> Caribbean	<input type="checkbox"/> African	<input type="checkbox"/> Other? <input type="text"/>	
e) Chinese or other ethnic group	<input type="checkbox"/> Chinese	<input type="checkbox"/> Other? <input type="text"/>		

Coventry City Council/inspire2coach may take photographs of your child/children participating in these activities. These images may appear in our printed publications or on our website.

May we use these images in our printed promotional material or on our website?

Yes No

Signature:

Please note that website images can be viewed throughout the world, not just the UK where UK law applies.

Free Open Day Saturday 21 April 2012

FREE JUNIOR COACHING

Open Sessions, including coaching, matchplay and fun games.
All abilities welcome, equipment is provided.

10.15am – 11.00am	Mini red	5 – 8 years
11.15am – 12noon	Mini red	5 – 8 years
10.00am – 12noon	Juniors	9 – 15 years

FREE ADULT COACHING

2 hour open session for all abilities. Coaching, matchplay and a trial of our new Cardio Tennis. Equipment can be provided but if you have a racquet please bring it along.

1.00pm – 3.00pm	All adults	16+ years
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Play for £1 week

Monday 23 – Saturday 28 April 2012

All sessions on our programme will be just £1 each for one week only.
Come and have a try!

Book now

For any of our open days or £1 weeks, we advise you to book in advance as limited spaces are available. Please call us on **024 7615 0688** to book your place or alternatively book by emailing info@inspire2coach.co.uk.

Competition

inspiring Coventry Tennis Competition
Saturday 3 – Sunday 4 March 2012

This competition is aimed at all age groups including adults, it is ideal for first time competitors and improvers. To enter or for more information please email us at competition@inspire2coach.co.uk.



For further details please contact inspire2coach on 024 7615 0688, e-mail: info@inspire2coach.co.uk or visit www.coventry.gov.uk/tennisforall or www.inspire2coach.co.uk



Tennis for all

Winter Tennis Programme January – April 2012

War Memorial Park Tennis, Coventry CV3 6PT

Tennis for all is a year round community tennis programme for children and adults of all ages and abilities.

Offers friendly, high quality coaching, social match play sessions and FREE open days.

Tennis for all winter programme January – April 2012

Course 1: 5 weeks, 9 January – 12 February

JUNIORS			
Saturday	10.00am – 11.00am	Mini red	£25.00 course fee
	11.00am – 12noon	Mini red matchplay	£2.00 per session**
	11.00am – 12noon	Mini orange	£25.00 course fee
	12noon – 1.00pm	Juniors	£25.00 course fee
ADULTS			
Tuesday	9.15am – 10.15am	Early bird cardio tennis	£25.00 course fee
Saturday	10.00am – 11.00am	Adult starters	£25.00 course fee
	11.00am – 12noon	Adult cardio	£25.00 course fee

**players must already be on the programme to attend this session. Any other players who would like to join in the matchplay the cost will be £4.00 per session.

Adult session descriptions

Adult Starter	This class is for players who have not played before or who want to learn basic rallying and serving skills.
Adult Improver	Players will learn to develop their tactics to include developing rallying skills, net play and start to use the serve to create an advantage.
Cardio Tennis	Cardio Tennis is a fitness workout on a tennis court. Fast moving drills to music will help keep you in your workout zone.

Course 2: 7 weeks, 20 February – 8 April

Please note: No tennis during February half term week 13 – 19 February 2012

JUNIORS			
Monday	4.00pm – 5.00pm	Mini red	£35.00 course fee
	5.00pm – 6.00pm	Juniors	£35.00 course fee
Saturday	10.00am – 11.00am	Mini red	£35.00 course fee
	11.00am – 12noon	Mini red matchplay	£2.00 per session**
	11.00am – 12noon	Mini orange	£35.00 course fee
	12noon – 1.00pm	Juniors	£35.00 course fee
ADULTS			
Monday	6.00pm – 7.00pm	Adult starters	£35.00 course fee
	7.00pm – 8.00pm	Adult improver	£35.00 course fee
Tuesday	9.15am – 10.15am	Early bird cardio tennis	£35.00 course fee
Saturday	10.00am – 11.00am	Adult starters	£35.00 course fee
	11.00am – 12noon	Adult cardio	£35.00 course fee

**players must already be on the programme to attend this session. Any other players who would like to join in the matchplay the cost will be £4.00 per session.

Junior session descriptions

Mini Red 8 years and under, smaller court, 19"–23" racquets	Mini tennis red is played on a smaller court. At this early stage, children are encouraged to develop simple tactics and technique. They start developing the core skills of movement, coordination and basic technique, take part in lots of fun activities and play short matches and team competitions.
Mini Orange 9 years and under, ¾ court, 23"–25" racquets	Mini tennis orange is played on an 18m court using a slower orange ball. This helps children to develop an all-court game, using more advanced tactics and technique. Competition includes slightly longer matches, most often played as part of a team.
Juniors - U12, U14 and U 18 Full court, yellow ball players	Junior tennis caters for serious or social players. The whole court game is now being developed tactically and technically, using a normal ball. Competition is both individual and team-based. Special squads for better junior players are available at this level.

Concessions

Coventry Passport to Leisure and Learning (PTLL) holders are entitled to a 25% discount on all of the prices listed. A maximum of two places per session are available at the PTLL rate on a first come first served basis. PTLL holders must book direct with inspire2coach over the phone by calling 024 7615 0688.

Cancellation of sessions

inspire2coach will make the decision to cancel sessions due to bad weather up to an hour before the start time, this will be communicated by the coach, using the emergency number given at time of sign up. Any sessions cancelled by the coach will be made up at the end of each block. inspire2coach reserves the right to cancel any course with less than four advanced people booked on it, minimum notice of 24 hours prior to the start of the course.

How to book

All bookings must be made in advance. You can book and pay online at www.inspire2coach.co.uk or alternatively, call 024 7615 0688 to pay over the phone. You can also send a cheque to 'inspire2coach' to **University of Warwick Indoor TC, Kirby Corner Road, Westwood Campus, Coventry CV4 7AL**. This must be done seven days prior to course start date, along with the form attached.

Enquiries

Please contact inspire2coach on telephone **024 7615 0688**, e-mail: info@inspire2coach.co.uk, visit www.inspire2coach.co.uk or www.coventry.gov.uk/tennisforall

**Book now by calling 024 7615 0688
or visit www.inspire2coach.co.uk**

Booking Form

Form number:

Please read carefully **Data Protection Act 1998**.

The Data Controller is inspire2coach. If you would like to receive information in the future about tennis activities and events please tick the box.

The details you provide on this form will only be used in connection with this tennis programme and will be shared with Coventry City Council.

Day and description of session(s) attending:

Amount enclosed: £

Name:

Address:

Postcode:

Date of birth:

Age:

Gender:

School (if applicable):

E-mail address:

Telephone number daytime:

Telephone number evening:

If you have a Coventry Passport to Leisure & Learning please provide the number:

Please detail any condition or allergy you feel we should be aware of:

Signature:

(Parent/Guardian if under 18 years)

Date: