



Level 2 Coaching Assistant Course 2009/2010

Information for Candidates

This information is correct as of 1 October 2009 for courses delivered by inspire2coach

ABOUT INSPIRE2COACH

inspire2coach ltd is a company which delivers the Level 1 Certificate in Coaching Tennis. The Level 1 certificate is awarded by 1st4sport. inspire2coach has Approved Centre status from 1st4sport to deliver these courses, and has full approval of the LTA.

ABOUT THE COURSE

The course is aimed at Coaching Assistants who want to improve their coaching skills and be able to work with groups of beginners on their own. It is endorsed by the UK Coaching Certificate (UKCC) and successful candidates will receive a Level 2 Certificate in Coaching Tennis, awarded by 1st4sport.

The main objectives are to train candidates in how to:

- create a motivating and enjoyable environment
- organise competition for groups of beginners
- coach groups of beginners using differentiated equipment

On successful completion of the Level 2 candidates should be able to:

- motivate and inspire people to play tennis
- organise competition for groups of beginners
- use effective verbal and non verbal communication skills with groups of beginners
- organise tennis activity constructively and safely with groups of beginners
- plan and deliver a structured lesson using LTA Level 2 coach resources
- have basic knowledge of tactics and techniques, rules of tennis and Mini Tennis
- have a full understanding of the structure of Mini Tennis
- give advice on tactical and technical improvement in Mini Tennis

COURSE STRUCTURE

The course is five days – 2 consecutive days followed by a 4-6 week break for mentored experience, a further 2 consecutive days followed by a 4-6 week break for mentored experience and then a final 1 day summative assessment (see diagram). During the breaks, candidates will need to complete their portfolio of evidence and a minimum of eight hours mentored coaching experience with a licensed coach mentor. Candidates are required to have their mentored coaching experience organised before the course starts. For help with this please contact your LTA County Office - contacts can be found on www.LTA.org.uk and searching County contacts.

MODULE 1 – DAYS 1 & 2

Course introduction | Lesson Structure | Warm ups and ABCS | Main theme and progressions | Technical | Tactical | Observation and analysis

MENTORED EXPERIENCE

Minimum 4 hours working with a qualified coach during the 4-6 weeks before Module 2

MODULE 2 – DAYS 3 & 4

Differentiation | How players learn | Skill acquisition | Teaching groups | Working in a team | Formative assessment | Organising competition | Working in Primary Schools

MENTORED EXPERIENCE

Minimum 4 hours working with a qualified coach during the 4-6 weeks before Module 3

MODULE 3 – DAY 5

Summative assessment

COURSE ASSESSMENT

The course is assessed in two areas:

- On court practical coaching assessment using course materials
- Portfolio of evidence

Candidates must attend all the sessions on the course at the same venue and pass all elements of assessment to be successful.

COST OF THE COURSE

Courses may vary in price, because some may receive local subsidy. All prices are displayed on www.inspire2coach.co.uk A place on the course cannot be allocated before the course application and fee has been received. Please submit your application at least 21 days in advance of the course start date. All places are subject to availability.

COURSE PRE-REQUISITES

Candidates must:

- be registered with the LTA as a Registered Coach OR have a current CRB Enhanced Disclosure through the LTA and an appropriate and valid First Aid certificate before applying for the course. Applicants who do not provide these details with their application will not be accepted on the course.
- be at least 17 years of age on the first day of the course
- have an active interest and involvement in tennis

- hold the 1st4sport Level 1 in Coaching Tennis

WITHDRAWAL FROM THE COURSE

- If a candidate withdraws from the course less than 21 working days before the start date then the full course fee will be forfeited if the vacancy is not filled.
- Once candidates have enrolled onto a course they must attend all 5 days at the same venue.
- Under no circumstances, other than medical (supported by a doctors note), can a candidate move between venues.
- Withdrawal during the course will also result in the loss of the full course fee.

Full terms and conditions can be found on the application form.

FOLLOWING ACCEPTANCE OF AN APPLICATION

- Details of the course venue, directions and times will be sent by inspire2coach.
- Course resources will be given out by the tutor on the first day of the course.
- The signed application form will be retained by inspire2coach

inspire2coach
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